VIRTUAL
MENTAL HEALTH AWARENESS TRAINING

With the stress and uncertainty in the world right now learn how you can identify the emotional needs and assist those in your community, family, or organization. QPR (Question, Persuade, Refer) Suicide Prevention training and COVID-19 Strategies and Techniques for Coping will be offered virtually at no cost.. Please register in advance through link below each date.

COVID-19 Strategies and Techniques for Coping (2 Hours)

September 10th @ 1:00 PM
https://us02web.zoom.us/meeting/register/tZAodu6hrTgvGtVaNl1DUqTLr5XmIVELJ1k_

September 22nd @ 4:00 PM
https://us02web.zoom.us/meeting/register/tZ0sd-qupjosG9Mep0OpZtIDPku7x0X4o5Gd

Question, Persuade, Refer (2 Hours)

September 2nd @ 10:00 AM
https://us02web.zoom.us/meeting/register/tZ0kceqtpj4tGNwKlTaMRMUjtRCR8U_vuHX8

September 9th @ 1:00 PM
https://us02web.zoom.us/meeting/register/tZUtfugrpjgoH9M3SZPt8UNyZhG3e5lHXPUw

September 16th @ 4:00 PM
https://us02web.zoom.us/meeting/register/tZMpd-Ggpz0jHtGxiRvj40C5kKrGdQzP74xA

SEPTEMBER 2020

COVID-19: Strategies and Techniques for Coping

Question, Persuade, Refer (QPR)

For more information contact Megan.Sullivan@dhs.nj.gov

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